



Porcupine Clinic's Diabetic Guides to Native American Ceremonies

This series of Guides for people with diabetes who want to take part in Native American Ceremonies cover:

- ✦ Dancing and Diabetes
- ✦ Powwows, Potlucks and Diabetes
- ✦ Sun Dance and Diabetes
- ✦ Sweat Lodge and Diabetes
- ✦ Vision Quest and Diabetes

The Guides were written by Richard Iron Cloud and Robert Kirk with the support of the Porcupine Clinic.

Over 30 Lakota, Dakota and Ojibwa Ceremonial Leaders have reviewed and are distributing the Porcupine Clinic's Diabetic Guides to Native American Ceremonies.

Clinics that have reviewed the Guides and are distributing them are:

- Native American Community Clinic
Minneapolis, Minnesota
- Indian Health Board of Minneapolis
Minneapolis, Minnesota
- Min No Aya Win Clinic
Cloquet, Minnesota

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Guides will be supplied at no cost to:

- Porcupine Clinic
- People who come in person to the Clinic
- Clinics and Ceremonial Leaders that people from Porcupine Clinic can contact in person
- Clinics and Ceremonial Leaders in Minneapolis and Saint Paul
- Clinics and Ceremonial Leaders that Robert Kirk can contact in person

For all others, the Porcupine Clinic will supply:

Sample set of Guides – Free with self-addressed, stamped business-sized envelope

10 sets of Guides – Cost: \$5.00

50 sets of Guides – Cost: \$10.00

If your clinic/organization is not tax exempt, include 4% South Dakota Sales Tax for the postage and handling.

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